

**North Orange County Regional Occupational Program**  
**REST PERIODS**  
**ROP AR 4212.1**

## **Administrative Regulation**

### **Classified Personnel**

Classified employees shall be entitled to a paid 15-minute rest break within each full 4-hour work period. The rest break is not to exceed 15 minutes in length and if not used cannot be accumulated for credit.

Classified employees working fewer than 8 hours but more than 4 hours per day will be entitled to one 15-minute paid rest break.

A meal period of either 30 minutes or 60 minutes in length will be given to classified employees who work more than 5 hours. All meal periods shall be duty free and without pay.